
NAR PHU
TREK
Guru Sangbo Viewpoint
4700m/15420ft
Tashi Lakhang Monastery
4150m/13615ft
Himlung
7126m/23379ft
Himlung BC
4900m/16076ft
Nemjung
7140m/23425ft
Phu
4080m/13386ft
Gyaji Kang
7038m/23091ft
Kyang
3850m/12631ft
Kang La Pass
5320m/17454ft
Nar
4110m/13484ft
Chyakhu
3735m/12254ft
Nar Phedi
3490m/11450ft
Meta
3560m/11680ft
Ngawal
3650m/11975ft
Pisang
6091m/19984ft
Kang Guru
6981m/22904ft
Odhar
2970m/9774ft
Koto
2620m/8596ft
Manaslu
8163m/26781ft
Annapurna III
7555m/24787ft
Annapurna IV
7525m/24688ft
Annapurna II
7937m/23379ft
Ngadi
1100m/3609ft
Besisahar
760m/2493ft
Legend
Trekking trail
Jeep road
Alternative trek route
Mountain pass
Peak
Village
Monastery
Base camp
Viewpoint
Jeep