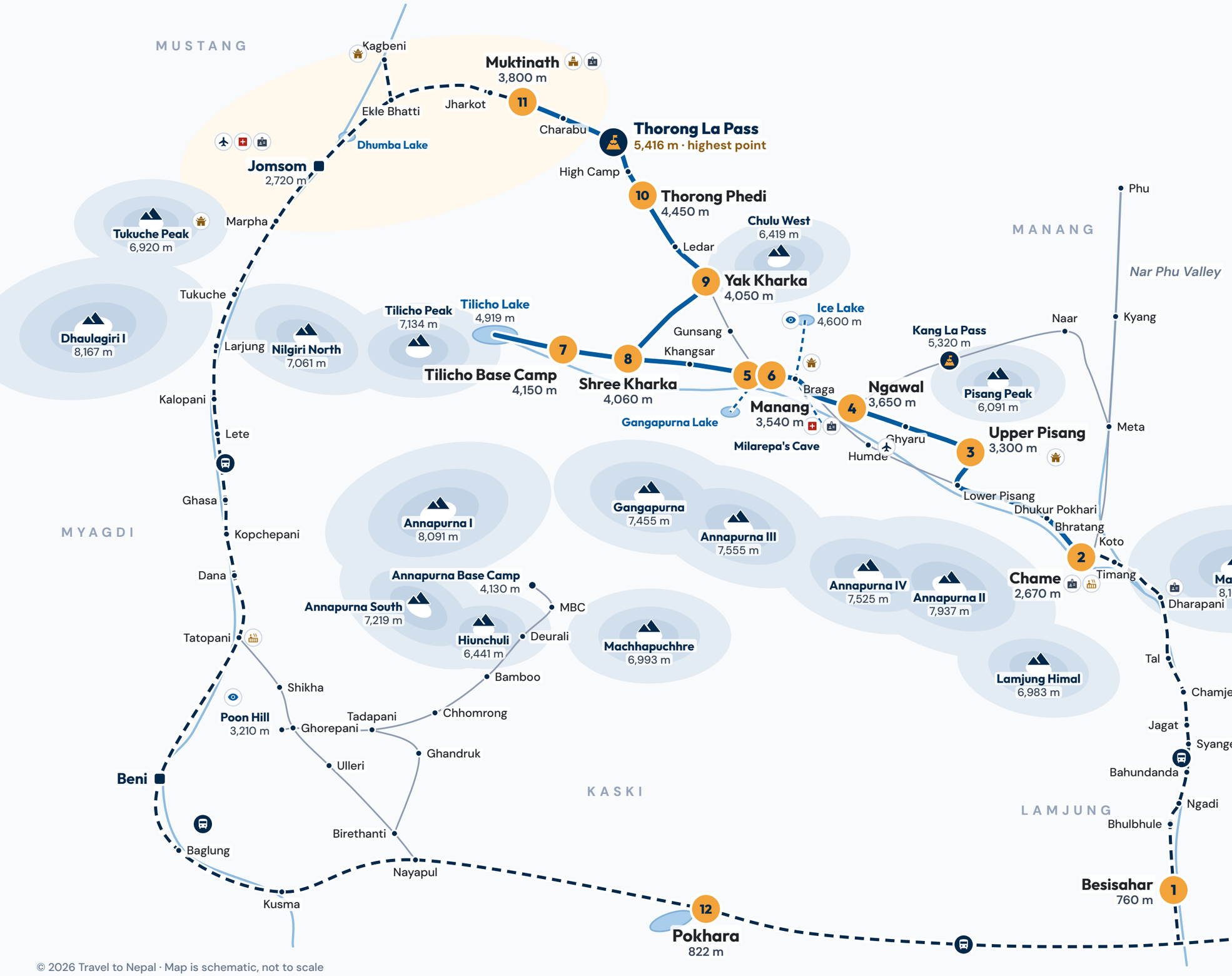
TRAVEL TO nepal

DETAILED TREK ROUTE MAP

Annapurna Circuit Trek

13 days via Tilicho Lake · Highest point Thorong La Pass, 5,416 m



MAP KEY

- Main trek route
- Drive / jeep road
- Side hike
- Other trails
- Overnight (day)
- Village
- Town
- Mountain peak
- Mountain pass
- Lake
- River
- Monastery
- Temple
- Viewpoint
- Hot spring
- Airport / airstrip
- Health post
- Permit checkpoint
- Bus / jeep

Not to scale. Altitudes in metres. N

13-DAY ITINERARY · OVERNIGHT

1	Besisahar	Drive	760 m
2	Chame	Jeep	2,670 m
3	Upper Pisang		3,300 m
4	Ngawal		3,650 m
5	Manang		3,540 m
6	Manang	Ice Lake hike	3,540 m
7	Tilicho Base Camp		4,150 m
8	Shree Kharka	Tilicho Lake	4,060 m
9	Yak Kharka		4,050 m
10	Thorong Phedi		4,450 m
11	Muktinath	Thorong La	3,800 m
12	Pokhara	Drive	822 m
13	Kathmandu	Drive	1,400 m

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